

Glendale students unite to fight hunger

Glendale Secondary School students Megha Lama, Aneeb ur Rehman and Sunita Saniary recently made a special trip to Hamilton Food Share.

The Grade 12 Food and Nutrition Science class representatives presented a \$375 cheque to help Hamilton Food Share diminish hunger in the community.

We live in Canada, one of the best places to live in, yet there's still people that live in poverty, that don't have enough food, especially children.

Considering it's Canada, it shouldn't be like that. We can do something about it to make it permanently disappear one step at a time.

Teacher Zita Bersenas-Cers invited Hamilton Food Share resource development director Rachel O'Reilly to speak to the class about hunger in the community in May.

She so inspired the students that they immediately said they wanted to do something to mark National Hunger Awareness Day and do something concrete, like raise funds for Food Share, Bersenas- Cers said.

It was inspiring to see their enthusiasm and sincere desire to do something toward eliminating hunger in our community. I am truly proud to be their teacher.

The class wrote and produced a video about the life of a hungry student.

Then they organized an assembly to show the video and invited O'Reilly to speak at the event.

The class also created oversized postcards for other students to sign, before delivering them to Hamilton, provincial and federal representatives asking them to work toward eliminating hunger in the community.

The class raised the money for Hamilton Food Share through a pasta lunch and the sale of candy kebabs and cupcakes during a school event.

Megha and Aneeb said students felt a strong duty to do something for their fellow citizens.

We're all one, Megha said.

You never know when you are going to be in the same place, the same position as those who are less fortunate. Everything can change in an instant; O'Reilly said Hamilton Food Share is grateful for the school's contribution.

Hamilton Food Share raises food for hot meal lines and food banks across the city, she said.

Every month, more than 18,000 people turn to a food bank just in order to survive. Hamilton Food Share is thrilled that Glendale students have joined in the fight against hunger.

For more information on how you can help diminish hunger in the community, call Hamilton Food Share at (905) 664-9065.