our Mission
Working together toward a hunger-free community.

Every $1 donated will provide $5 worth of food.

- 3.3 Million pounds of food raised
- 66% or 2.2 Million pounds of food raised was fresh or frozen
- Value of food raised estimated at $8,723,000
- $350,000 in City grants distributed to member agencies
- 9,136 Christmas hampers distributed through the Christmas Hamper Program
- 135,722 public meals served this year
- 255,537 visits logged at local food banks
- 64,400 pounds of food distributed weekly
Responding to the Growing Need for Hunger Relief

A Message from Our Executive Director and Board Chair

This year, Hamilton Food Share has experienced considerable growth. As the incredible support we receive continues to grow, so does our ability to feed people. Our Food Acquisition and Distribution Program performed remarkably, raising the most food ever. We raised over 3.3 million pounds of food this fiscal year, an increase of over 500,000 lbs. of food – a distribution capacity increase of 17%.

Increasing food procurement meant increasing our ability to haul more food. We thank Walmart and Food Banks Canada for granting us the funds to purchase a brand-new forklift, with double the capacity of our old forklift. In the new year we will invest in a third refrigerated truck to ensure that we continue to grow in this area. Our membership increased, adding more hunger relief agencies to our roster of sharing. Three new member agencies were brought on board – one who provides meals to 400 individuals per day in our city’s downtown core, one food bank operated by an organization who specializes in providing programs and services for Hamilton’s Indigenous community, and lastly, the long-awaited East End Food Bank opened, with our pledge to work with Mission Services to ensure its shelves are stocked.

Our social media platforms continue to bring awareness of hunger and a powerful network of supporters. Over 400 events were held in our community last year for Hamilton Food Share. Subscription to our e-newsletter, Feed the Hammer, grew by 15% and coincided with the introduction of our ‘Feed the Hammer’ logo in support of this.

We said goodbye to two long-standing board members and welcomed three new representatives to carry on the vision and governance work of our organization. We are thankful for our past board members’ inspiring contributions to the fight against hunger.

We are wholly grateful to each of our donors for their continued support, empowering us to work toward a hunger-free community. Our food industry partners, financial donors and community support allow us to ensure that your investment in Hamilton Food Share makes a significant impact by increasing every dollar donated to five dollars worth of food. Our ability to grow and remain responsive to the need in the community would not be possible without your commitment, the dedication of our Food Share team and the support of our Board of Directors.
Fresh Food Policy

The food that we eat is important. Healthy food fuels our bodies to live, work and play. Hamilton Food Share has made a commitment to ensuring that 50% of the food distributed throughout the emergency food network is fresh and frozen. This past year we exceeded our goal, with 66% of the food raised being fresh and frozen. This translates into over 2.2 million pounds of fresh fruit, vegetables, dairy products and fresh and frozen meats that made it into the homes of Hamiltonians who would otherwise go hungry.

Early 2019 saw the launch of a revised Canada’s Food Guide. The central message throughout the updated guide is to consume a variety of healthy foods each day, including fruits and vegetables, whole grains and protein. Our fresh food policy aligns with the new guidelines, making certain that individuals have access to nutritionally balanced meals.

14 Ways to Feed the Hammer

Cable 14 gave Hamilton Food Share the greatest gift this holiday season—the gift of hunger awareness and a call to action to help those in need at Christmas. A series of public service announcements by all the members of Hamilton’s Emergency Food Network aired 840 times throughout the month of December. This gift was equal to a remarkable 20 hours of airtime!

Cable 14 galvanized the Hamilton community to donate funds, food and toys that produced 9,136 Christmas hampers. This is an increase of 6.7% over last year. With Cable 14’s support we were able help over 21,000 people across our city enjoy the holidays with food and gifts. Children made up 43% of people served by the Network’s Christmas programs, equalling 8,624 of our youngest neighbours who were able to celebrate the holiday.

Hamilton Food Share is so grateful to Cable 14 for sharing the story of the Emergency Food Network, the need of our neighbours and especially for celebrating the spirit of generosity that lives in Hamilton.

“Neighbour to Neighbour strives to make good food a priority and ensure our clients have consistent access to food high in nutritional value. Hamilton Food Share has increased our ability to offer a wide variety of fruits and vegetables, quality meats and dairy to the 1,200 households we serve each month.”

- Charlotte Redekop-Young, Manager of Emergency Food Services, Neighbour to Neighbour

“...The most vulnerable people in our community, including newcomers to Canada, deserve more than just a few cans of non-perishable food items. They deserve to have access to nutritious food that allows them to prepare meals that sustain their families and recognize their diverse cultural backgrounds. The fresh and frozen items that come to us through Hamilton Food Share are invaluable, and they allow us, as a food bank, to serve our community members with dignity.”

- James VanderBerg, Executive Directive
Welcome Inn Community Centre
Our Hunger Ambassadors

Retirees, business owners, employee groups, school kids, parishioners, families, artists, and unions—they come from all walks of life. Our individual and corporate donors make it possible for our organization to provide vital food supplies in aid of our neighbours across the city of Hamilton. Events by workplaces, schools, churches and family gatherings are held in every corner of our city. Last year, over 400 fundraising events were held in support of Hamilton Food Share.

Fundraising Events by Type

- 6% Faith-Based Groups
- 6% Individuals and Families
- 12% Community Organizations
- 14% Schools and Post Secondary
- 62% Companies/Workplaces
Where our food comes from
3,355,006 total lbs.
- 83% Food Industry (2,777,392)
- 10% Community Food Drives (351,766)
- 7% HFS Purchases (225,848)

Food in by type
3,355,006 total lbs.
- 51% Fresh (1,706,195)
- 34% Non-Perishable (1,152,443)
- 15% Frozen (496,368)

Where our food goes
3,355,006 total lbs.
- 72% Emergency Food Member (2,410,767)
- 23% Niagara Regional Hub Member (778,393)
- 5% Community Groups & Community Partners (165,846)

Emergency Food Members
- De Mazenod Door Outreach
- East Hamilton Food Centre (Mission Services)
- Good Shepherd Centre
- Living Rock Ministries
- Mission Services of Hamilton
- Native Women’s Centre
- Neighbour to Neighbour Centre
- Niwasa Kendaaswin Teg
- Salvation Army Hamilton & Dundas
- St. Matthew’s House
- Stoney Creek Community Food Bank
- Welcome Inn
- Wesley Urban Ministries

Community Partners
- Ancaster Community Services
- Food for Life
- North York Harvest Food Bank

Local Groups
- Cathy Weaver Elementary School
- Hill Crest School
- North Hamilton Community Centre
- Prince of Wales School
Program

Food is procured from many food systems operating...

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<tr>
<th>Locally</th>
<th>Regionally</th>
<th>Provincially</th>
<th>Nationally</th>
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<td>77%</td>
<td>9%</td>
<td>13%</td>
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Niagara Regional Hub Members

The Burlington Food Bank
Caledonia Food Bank
Cayuga Food Bank
Community Care of West Niagara
Community Outreach Services, Fort Erie
Dunnville Salvation Army Food Bank
Food Bank of Waterloo Region
Food with Grace Waterdown Food Bank
Fort Erie Salvation Army
Grimsby Benevolent Fund
Hagersville Food Bank
Jarvis Caring Cupboard Food Bank
Pelham Cares in Fonthill
Port Colborne Food Centre
Project Share
St. Catharines Community Care
Welland – The Hope Centre
West Lincoln Community Care, Smithville
New Member Agencies

Hamilton Food Share is pleased to welcome three new community programs to Hamilton’s Emergency Food Network.

Niwasa Kendaaswin Teg has been providing programs and services rooted in Indigenous culture and language for children, youth, families and communities for over 25 years. Having recently relocated their head office to the former St. Helen’s School, Niwasa Kendaaswin Teg has taken over the operations of the food bank located on that site. This food bank program will provide emergency food supports to the Indigenous community, and the McQueston neighbourhood.

“The Hamilton Food Share has provided wonderful support and training for our team so that we can provide an essential service to all residents in the area. We look forward to building our relationships and connections within the network and the community.”
- Monique Lavallee, Executive Director, Niwasa Kendaaswin Teg

The East Hamilton Food Bank, under the direction of Mission Services, opened its doors. In response to the growing need in the Davis Creek and Riverdale community, a dedicated group of volunteers worked tirelessly to ensure that individuals experiencing hunger have access to an emergency food program. The East Hamilton Food Bank will address a gap in hunger relief programs in east Hamilton, and Stoney Creek.

“From the earliest conversations about establishing a food bank in the Davis Creek community, Hamilton Food Share was committed to providing the much-needed food for those experiencing hunger. Hamilton Food Share has provided the essential emergency food services that has allowed this new centre to open.”
- Sue Smith, Director of Food Service, Mission Services
De Mazenod Door Outreach is a program with the stated purpose of utilizing its outreach ministry with compassion and empathy, to nurture, comfort and aid the poor and marginalized in the community who have nowhere else to turn. Operating in the core of downtown Hamilton and serving nearly 400 meals daily, the De Mazenod Door Outreach provides a response to the conditions of poverty and hunger that impact the lives of Hamilton residents.

“The impact Hamilton Food Share has made on our food sourcing and on those we serve daily is a true testament of community spirit and partnership. Our recent partnership with Hamilton Food Share has assisted us greatly through demanding times, and throughout the year to help offset costs, as well as providing extra food to ensure we are making nutritious meals.”

- Sherri Ramirez, Outreach Coordinator, De Mazenod Door

Thank You!

Volunteers are an integral part of the operations at Hamilton Food Share. Whether supporting our administrative office, lending a hand at local events or coordinating food drives, we could not do the work that we do without them! In the past year, 981 volunteers have assisted us in our programs.
Financials

How we use our resources
Total expenses $1,668,231
- 65% Total Food Acquisition and Distribution ($1,081,476)
- 10% Resource Development ($175,361)
- 10% Administrative ($173,037)
- 9% Community Development ($145,775)
- 6% Amortization of Assets ($92,582)

Where our funds come from
$1,691,318 total revenue
- 66% Donations ($1,119,595)
- 29% Grants ($496,671)
- 4% Interest and Amortization ($63,052)
- 1% Membership Dues ($12,000)

We are deeply grateful to the individuals in the media who report on poverty issues and encourage donations. We could not do this work without your steadfast commitment to shine a light on tough issues, like hunger in our community.
We gratefully acknowledge all of our supporters including the following organizations who gave so generously throughout the year.

ArcelorMittal Dofasco Hamilton
Tim Hortons
CP
United Steelworkers USW
Food Banks Canada
Banques alimentaires Canada

THEATRE AQUARIUS
Ron Ulrich Artistic Director
Dofasco Centre for the Arts

HAMILTON COMMUNITY FOUNDATION
Losani Family Foundation Fund
W.C. Carpenter Memorial Fund
Mccallum Mcbride Fund
Van Dusen Fund
Karen & Peter Turkstra Family Foundation Fund
### Board of Directors

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<tr>
<th>Name</th>
<th>Position</th>
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<tbody>
<tr>
<td>Joe Mercanti</td>
<td>Chair</td>
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<tr>
<td>Moi Vienneau</td>
<td>Secretary</td>
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<tr>
<td>* Alan Craig</td>
<td>Agency Representative</td>
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<td>* Carmen Salciccioli</td>
<td>Agency Representative</td>
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<td>* Sheean Patel</td>
<td>Director</td>
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<td>* Jennifer Paulino</td>
<td>Director</td>
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<td>* Vince Raso</td>
<td>Director</td>
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*Denotes partial year

### Staff

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<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Joanne Santucci</td>
<td>Executive Director</td>
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<tr>
<td>Deborah Walsh</td>
<td>Administrator/Business Manager</td>
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<tr>
<td>* Kathy Zebruck</td>
<td>Business Manager</td>
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<tr>
<td>Mona Santucci</td>
<td>Warehouse Manager</td>
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<tr>
<td>Celeste Taylor</td>
<td>Resource Development Manager</td>
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<tr>
<td>Karen Randell</td>
<td>Operations Manager</td>
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<tr>
<td>* Leah Serafini</td>
<td>Community Relations Coordinator</td>
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<tr>
<td>Sheba Khan</td>
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<tr>
<td>Adam Linington</td>
<td>Executive Assistant</td>
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<tr>
<td>Justin Destro</td>
<td>Driver/Warehouse &amp; Office Support</td>
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<tr>
<td>Jim O’Keeffe</td>
<td>Warehouse Assistant</td>
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<tr>
<td>* Jim Martin</td>
<td>Annual Giving and Communications Specialist</td>
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<tr>
<td>Gary McCarthy</td>
<td>Driver/Warehouse</td>
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<tr>
<td>Mike Radko</td>
<td>Warehouse Support</td>
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